Alcohol, Narcotics and Drug Abuse AJ 55 De Anza College Fall 2022 September 26–December 5 Synchronous Zoom every Monday 1030 AM -12:20 PM

Designed to equip public service workers and the community with knowledge of the issues involved in drug abuse, including history and classification of drugs and the problems facing society and the governing of illegal drug use.

Student Learning Outcomes:

Describe and analyze the relationship between the causes and demographics of crime and substance abuse.

Identify the major groups of abuse substances and compare their histories, characteristics, and illicit use.

Instructor: Mallory Lawlor

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Office hours: you may email me anytime and/or request an individual zoom session for any questions or assistance. You may also stay after classes on Mondays for any questions. I encourage you to ask these questions during class (unless they are personal in nature). Oftentimes, if you have questions or difficulty understanding the material, others are too and it is usually because I am not presenting it clearly. Please don't be shy to ask questions!

Important dates:

- SEPTEMBER 26- First day of fall quarter
- OCTOBER 8- Last day to add classes

OCTOBER 9- Last day to drop classes without a W

OCTOBER 10- Indigenous Peoples' Day (no Monday class this week)

NOVEMBER 11- Veterans Day holiday: Campus closed Friday

NOVEMBER 18- Last day to drop classes with "W"

NOVEMBER 24-27- Thanksgiving holiday: Campus closed Thursday & Friday

DECEMBER 5- Last day of our class (our class only)

DECEMBER 12-16- Final exams

Final Exam Time for AJ 55:

Monday 12/12/22- from 9:15 AM to 11:15 AM

Online publications/ websites you will be required to use for class (free): DEA Resource Guide/ 2020 Edition- *Drugs of Abuse* https://www.getsmartaboutdrugs.gov/sites/getsmartaboutdrugs.com/files/publications/Drugs%20of%20Ab use%202020-Web%20Version-508%20compliant.pdf National Institute on Drug Abuse Website: https://www.drugabuse.gov/ *Motivational Interviewing: Preparing people for change*, 2nd Ed. https://bluepeteraustralia.files.wordpress.com/2012/12/motivational-interviewing.pdf

Instructor's Reference Texts: (It is not required or recommended you purchase these texts. I only provide them as a reference as to some materials I will be using in class): *Uppers, Downers, All Arounders, 8th Ed.* ISBN: 9780926544390 *Drugs and the Neuroscience of Behavior- An Introduction to Psychopharmacology* ISBN: 9781544362588 *Motivational Interviewing with Offenders* ISBN: 9781462529872

Quizzes: We will have several quizzes throughout the quarter. No make ups for the quizzes. **Homework:** Homework will be assigned on Mondays -usually due the following Sunday. Please get someone's contact info so you can get assignments if you are not in class.

<u>Class Activities</u>: We will have several class activities. You need to be present on that day in order to get credit.

Project/Presentation: Your final project is due 12/12/22. You will need to write a 5 page paper on an approved topic and give a 5-10 minute presentation (on 12/12/22). You can do this alone or in groups of 2.

<u>Attendance</u>: Your daily attendance will be necessary to get a good grade in the class. If you are going to be absent, please email me so I do not drop you from the class. A recording of the class will be available, but you will miss the activity points for the week.

Drops/Withdraws: It is your responsibility to drop or withdraw from the class if you don't intend to complete it. If you do not do so in the specific time frames, I am forced to assign you a grade for the class. I want everyone to succeed, please get in contact with me if you are struggling with any aspect of the course or life!

Weekly Topics:

Week 1- Introduction to AJ 55 9/26/22-9/30/22 Week 2 Brain Chemistry 10/3/22-10/7/22 Week 3- Neurotransmission 10/11/22-10/14/22 Week 4 - •• Stimulants 10/17/22-10/21/22 Week 5- Sugar Challenge MI 10/24/22-10/28/22 Week - 6 Opiates 10/31/22-11/4/22 Week 7- • • Opiates 10/31/22-11/4/22 Week 7- • • Opiates 10/31/22-11/10/22 Week 8- Opepressants & • Recovery 11/14/22-11/18/22 Week 9- • Opiates 11/21/22-11/23/22 Week 10- • Hallucinogens 11/28/22-12/2/22 Week 11- Weird Drugs 12/5/22-12/9/22 Week 12- Final Class Meeting (Presentations) 12/12/22 9:15-11:15 AM

Grade Scale:

А	100%	to	94.5%
A-	< 94.5%	to	89.5%
B+	< 89.5%	to	86.5%
В	< 86.5%	to	83.5%
B-	< 83.5%	to	79.5%
C+	< 79.5%	to	74.5%
С	< 74.5%	to	69.5%
D+	< 69.5%	to	66.5%
D	< 66.5%	to	63.5%
D-	< 63.5%	to	59.5%
F	< 59.5%	to	0%

Student's Remote Learning Hub:

Here's where to get help with technical problems or if you need training or tutorials for Zoom, Canvas, etc. <u>Online Learning Resource Hub for Students</u>

De Anza College DSPS Syllabus Statement

De Anza College views disability as an important aspect of diversity, and is committed to providing equitable access to learning opportunities for all students. **Disability Support Services (DSS)** is the campus office that collaborates with students who have disabilities to provide and/or arrange reasonable accommodations DSS Location: RSS Building, Suite 141 Phone: 408-864-8753 On the web: <u>Disability Support Services (DSS)</u> Email: DSS@deanza.edu

Life at college can get very complicated. You may sometimes feel overwhelmed, lost, experience stress, anxiety or depression, or struggle with relationship difficulties. Many of these issues can be effectively addressed with a little help. Psychological Services helps students cope with difficult emotions and life stressors. **Psychological Services** is staffed by experienced, professional psychologists and counselors, who are attuned to the needs of college students. The services are FREE and completely confidential. Find out more at <u>De Anza Psychological Services</u> or by calling 408-864-8868.

Student Success Center

Student Success Center offers online Zoom drop in tutoring sessions!

Need help? De Anza's Student Success Center offers free online and on-campus tutoring and workshops! Visit<u>http://www.deanza.edu/studentsuccess</u> for our hours and information. Or just stop by to chat or sign up!

Academic Skills Center for workshops in ATC 302 General Subject tutoring in ATC 304 Listening & Speaking and World Language support in ATC 313 Math, Science and Technology tutoring in S43 Writing and Reading tutoring in ATC 309 Student Success Center Resources are available online to all De Anza students on Canvas: https://deanza.instructure.com/enroll/MAF7Y8

The following Student Resources can be accessed through this link: <u>https://www.deanza.edu/socialsciences/equity/students.html</u>

- Addiction Services
- Child Care
- Computers

- Disability Support
- Domestic Violence Services
- Financial Assistance
- Food Aid
- Grief Support
- Health Care
- Homeless Services
- Housing Assistance
- Jobs and Careers
- Legal Services
- Lesbian, Gay, Bisexual, Transgender, Queer, Questioning and Intersex
- Mental Health Services
- Rape Crisis Services
- Suicide Prevention & Crisis Support
- Transportation

COVID-19 Health Information